



MENTAL HEALTH: The Missing Piece in Cancer Care

This is a 45-min talk, followed by 15 mins for Q&A and discussion.

ABOUT THIS WEBINAR:

This talk also focuses on teaching others the skills of how to support someone who has had, or is currently living with cancer.

Learn what to expect from your thoughts and emotions if you have had a recent breast cancer scare, have received a cancer diagnosis, are currently living with cancer, or are a cancer survivor. We will explore healthy ways of coping and take better care of your mental health.

THIS TALK IS IDEAL FOR:

- Individuals with a recent cancer diagnosis
- Cancer survivors
- Friends and family that want to learn more about how to support their loved one, who is living with or has survived cancer

