



ONLINE SUPPORT GROUP

TERM 3, 2026: SCHOOL INCLUSION STAFF MONTHLY SUPPORT GROUP

This is a dedicated free support group designed for school inclusion staff - Special Education Needs (SEN) teachers and Learning Support Assistants working in UAE schools. This open group meets online once a month, and is a supportive space facilitated by an experienced clinical psychologist.

Participants can bring any topics or issues related to their practice as part of the SEN team. *Topic examples:* Topics related to managing student behaviors and needs, collaborating with parents, teachers and colleagues, as well as issues including, but not limited, navigating ethical dilemmas and addressing caregiver burnout.

BENEFITS OF TEACHERS JOINING THIS SUPPORT GROUP:

- A **safe and supportive environment** where professional and practice issues may be explored.
- The opportunity to **share challenging cases** and **receive professional input** from the supervisor, as well as their peers.
- A chance to **learn practical tools and techniques** to further support students with additional needs in school in areas of:
 - Behavior management
 - Executive functions
 - Emotional regulation
 - Sensory integration
- The space to reflect on their **self-care practices** as a means of preventing burnout, while learning additional ways to maintain a healthy work/life balance during the busier school months.
- The guidance on **how to give clear, concise and constructive feedback** to parents and classroom teachers.
- The support to challenge all practices that are considered unethical or incompetent using the profession's **best practice, policies and procedures** of the organization they work for.
- The opportunity to **consider other factors that may impact on the inclusion teacher's work** including working relationships with colleagues or personal circumstances within the scope of personal and professional boundaries.
- Guidance in how to **challenge any unhelpful assumptions and attitudes** they carry which may influence practice.

DATES AND TIMINGS:

Thursday mornings: 9am - 10am (GST; Dubai)

Upcoming Dates (Term 3):

May: 21st May

June: 18th June

REGISTRATION:

lighthousearabia.com/events

A Zoom link and instructions for how to join this support group will be shared separately in advance, following registration.

FACILITATED BY:



Preetha Madhavan, MPsyCh (Australia)
Clinical Psychologist



THE LIGHTHOUSE®
CENTER FOR WELLBEING