



## ONLINE SUPPORT GROUP

# 2026: TERM 2 & 3 SCHOOL INCLUSION STAFF MONTHLY SUPPORT GROUP

***This is a dedicated free support group designed for school inclusion staff - Special Education Needs (SEN) teachers and Learning Support Assistants working in UAE schools.*** This open group meets online once a month, and is a supportive space facilitated by an experienced clinical psychologist.

**Participants can bring any topics or issues related to their practice as part of the SEN team.**

**Topic examples:** Topics related to managing student behaviors and needs, collaborating with parents, teachers and colleagues, as well as issues including, but not limited, navigating ethical dilemmas and addressing caregiver burnout.

### BENEFITS IN JOINING THIS SUPPORT GROUP

- A **safe and supportive environment** where professional and practice issues may be explored.
- The opportunity to **share challenging cases** and **receive professional input** from the supervisor, as well as their peers.
- A chance to **learn practical tools and techniques** to further support students with additional needs in school in areas of:
  - Behavior management
  - Executive functions
  - Emotional regulation
  - Sensory integration
- The space to reflect on their **self-care practices** as a means of preventing burnout, while learning additional ways to maintain a healthy work/life balance during the busier school months.
- The guidance on **how to give clear, concise and constructive feedback** to parents and classroom teachers.
- The support to challenge all practices that are considered unethical or incompetent using the profession's **best practice, policies and procedures** of the organization they work for.
- The opportunity to **consider other factors that may impact on the inclusion teacher's work** including working relationships with colleagues or personal circumstances within the scope of personal and professional boundaries.
- Guidance in how to **challenge any unhelpful assumptions and attitudes** they carry which may influence practice.

### DATES AND TIMINGS:

**Thursday mornings:** 9am - 10am (GST; Dubai)

### Upcoming Dates:

26 February, 26 March, 30 April, 28 May, 18 June

### REGISTRATION:

[lighthousearabia.com/events](https://lighthousearabia.com/events)

A Zoom link and instructions for how to join this support group will be shared separately in advance, following registration.



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