



BRAVE CONVERSATIONS

This is a 45-min talk, followed by 15 mins for Q&A and discussion.

ABOUT THIS WEBINAR:

Have you ever avoided a difficult conversation, or had it gone horribly wrong?

A tough conversation can take place during a performance evaluation, when delivering bad news, presenting a new idea, or asking for something you need. Most people struggle to address conversations that make them feel uncomfortable – but this is a vital leadership skill. Brave Conversations require courage, which is actually a measurable and teachable life skill.

ATTENDEES WILL WALK AWAY WITH:

- Core skills to stay brave in tough professional or personal conversations with others.
- The key ingredients in giving constructive feedback or navigating your way through challenging conversations with others, as well as how to receive feedback from others.
- How to cultivate the muscle of assertiveness for greater leadership and interpersonal abilities.

