



THE LIGHTHOUSE®
CENTER FOR WELLBEING

AN EVENING OF REMEMBRANCE

Understanding and Supporting Grief

Thursday, November 27th, 2025
7pm to 8.30pm

Grief can feel difficult to express, and even more difficult to share with others who may not have experienced it. This evening is an invitation to come together as a community — to honor our loved ones, deepen our understanding of grief, and learn how to support ourselves and those we care about.

This year, the evening will include a live, facilitated conversation exploring the nature of grief, the founding of the Raymee Grief Center, and personal grief experiences shared through a panel dialogue.

EVENING SCHEDULE

- **A Conversation on Grief:** The story of the Raymee Grief Center
- **Panel Dialogue:** Living with loss — personal grief experiences held in a facilitated conversation
- **Shared Reflection:** A space for questions and reflections
- **Community Ritual:** Gold leaf remembrance

WHO THIS EVENING IS FOR

- Those grieving the loss of a loved one
- Those supporting someone who is grieving
- Those anticipating a loss
- Anyone wishing to understand grief more deeply

OUR BELIEF

No one has to grieve alone.

Our grief consultations for individuals and our community support groups are free of charge and open to all, regardless of when the loss occurred.

REGISTER TO JOIN

This event is offered in-person at The LightHouse Arabia and online via Zoom.

Suitable for ages 18+ years.

Please register through our website and select your preferred attendance format:



In-person attendance

lighthousearabia.com/events

Online attendance

