



THE LiGHTHOUSE®
CENTER FOR WELLBEING

THE LIGHTHOUSE ARABIA
SEN DEPARTMENT INVITES YOU TO

Executive Functioning Skills: How to support focus, organization, and self-regulation in the classroom

Date: Tuesday, 18th November ***Time:*** 6pm - 7pm

Join us for an engaging and practical conversation that will give SENCos and Inclusion staff an opportunity to learn about the components of executive functioning and reflect on how to implement different strategies to support focus, organization, and self-regulation. We will also examine the various components of executive function, such as inhibitory control and cognitive flexibility and how to empower students to adapt to changing emotional landscapes.

Key takeaways for educators attending this interactive online event:

- Executive function and its components.
- Technology's effects on executive functioning
- Relationship between executive function and academic success
- How difficulties in executive function manifest as emotional and behavioural challenges.

CO-FACILITATED BY:



Preetha Madhanvan, MPsych (Australia)
Clinical Psychologist



Kirsten Nefdt, MA (South Africa)
Clinical Psychologist

**This is an online event for the teaching community, taking place on Zoom.
A meeting link will be shared on email, upon registration.**

Register
lighthousearabia.com/events