



# PARENTING CHILDREN IN THE I-GENERATION

**Date:** Tuesday, 30th September

**Time:** 11am - 12pm (GST; Dubai)

This is a 45-min talk, followed by 15 mins for Q&A and discussion.

## ABOUT THIS WEBINAR:

**Our children live in a vastly different world from the world we grew up in.**

Learn how you can raise values-driven, happy, successful, and connected children in today's world.

## ATTENDEES WILL WALK AWAY WITH:

- Understanding the popular cultural views that are being communicated to our families through technology.
- Insight into the effects of technology on the self-identity, cognitive abilities, relationships and physical wellbeing of children.
- Practical tips on how to have a healthy relationship with technology.

## FACILITATED BY:



Anna White, B.S. OT (Ireland)  
SR. OCCUPATIONAL THERAPIST  
Corporate & Workplace Services &  
Mental Health First Aid UAE, Director

REGISTER: [lighthousearabia.com/events](https://lighthousearabia.com/events)

Instructions for how to join this webinar will be shared separately in advance.

