

## TIMELESS PARENTING: Values-Centered Parenting

**Date:** Tuesday, 2nd September **Time:** 11am - 12pm (GST; Dubai)

This is a 45-min talk, followed by 15 mins for Q&A and discussion.

## **ABOUT THIS WEBINAR:**

The world is changing at a fast pace and more people are feeling lost and confused about their direction in life. However, the one that has served as a guiding light for people over time is values.

## ATTENDEES WILL WALK AWAY WITH:

- Insight into the values promoted in popular culture today.
- Understanding the concept of character strengths, and the importance of using timeless values such as courage, humanity, wisdom, justice, and gratitude as the foundation of one's parenting framework.
- Knowing how to use timeless values to equip your family with the compass needed to navigate the ever-changing seas of modern life.

## **FACILITATED BY:**



Dr. Hopolang Matee, PhD (South Africa) CLINICAL PSYCHOLOGIST

REGISTER: <u>lighthousearabia.com/events</u>
Instructions for how to join this webinar will be shared separately in advance.

