



# BRAVE CONVERSATIONS

**Date:** Tuesday, 5th August

**Time:** 12pm - 1pm (GST; Dubai)

This is a 45-min talk, followed by 15 mins for Q&A and discussion.

## ABOUT THIS WEBINAR:

### ***Have you ever avoided a difficult conversation, or had it gone horribly wrong?***

A tough conversation can take place during a performance evaluation, when delivering bad news, presenting a new idea, or asking for something you need. Most people struggle to address conversations that make them feel uncomfortable – but this is a vital leadership skill. Brave Conversations require courage, which is actually a measurable and teachable life skill.

## ATTENDEES WILL WALK AWAY WITH:

- Core skills to stay brave in tough professional or personal conversations with others.
- The key ingredients in giving constructive feedback or navigating your way through challenging conversations with others, as well as how to receive feedback from others.
- How to cultivate the muscle of assertiveness for greater leadership and interpersonal abilities.

## FACILITATED BY:



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CLINICAL SOCIAL WORKER  
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Instructions for how to join this webinar will be shared separately in advance.

