



ONLINE WEBINAR

CLINICAL CONVERSATIONS

UNDERSTANDING ADHD IN ADULTS

Date: Wednesday, 23rd November **Time:** 12pm - 1pm (Dubai)

This is a 45-min webinar followed by 15-mins for Q&A and discussion.

Although attention deficit hyperactivity disorder is a condition that starts in childhood but is often undiagnosed until adulthood. Individuals who struggle with Adult ADHD can have a lifelong pattern of difficulties in relationships, struggling with procrastination and distraction at work or school, low self-esteem, and a persistent feeling of being unable to fulfill their potential. Adult ADHD symptoms may not be as clear as ADHD symptoms in children. In adults, hyperactivity may decrease, but struggles with impulsiveness, restlessness and difficulty paying attention may continue.

YOU WILL LEARN:

- What is ADHD?
- Symptoms & presentations of ADHD
- How common is Adult ADHD?
- What causes ADHD?
- Assessment and treatment process for Adult ADHD.

IN CONVERSATION WITH



Dr. Saman Ahmed
MBBS, MRCPsych, CCT (UK)
Consultant Psychiatrist



Dr. Saliha Afridi
PsyD (US)
Clinical Psychologist
MANAGING DIRECTOR



THE LIGHTHOUSE
CENTER FOR WELLBEING

lighthousearabia.com

REGISTRATION LINK: lighthousearabia.com/events

Instructions for how to join will be shared separately in advance.