OVER
4 MILLION TRAINED
WORLDWIDE

Mental Health First Aider
Online Support Session

MENTAL HEALTH FIRST AID
UNITED ARAB EMIRATES

Mental Health for Everyone, Everywhere

WHO SHOULD ATTEND:
CERTIFIED MENTAL HEALTH FIRST AIDERS ONLY

FACILITATED BY:
The LightHouse Arabia MHFA Instructors

WHAT:

- This is a Free-of-cost support session for individual's who have been trained by The LightHouse in *Adult* or *Adolescent* MHFA.
- The session will offer support to Certified Mental Health First Aiders
- De-brief & reflect on first-aid situations you've experienced
- Ask MHFA Instructors any questions you may have

SESSION DATE
Thursday, August 4th, 2022

TIME
6pm - 7pm

RESERVATIONS:
lighthousearabia.com/events

LOCATION:
This is an online group. A link to the Zoom meeting will be sent following event registration.

THE LIGHTHOUSE
CENTER FOR WELLBEING

lighthousearabia.com