

# ASSESSMENT AND MANAGEMENT OF EATING DISORDERS IN MEDICAL PRACTICE

# **CLINICAL SEMINAR SERIES**

JOIN US FOR AN IMPACTFUL MASTERCLASS OF CONTINUING EDUCATION IN A CLINICAL CONTEXT



## THIS ONLINE MASTERCLASS IS SUITABLE FOR:

- Medical professionals in particular paediatrics, general practitioners, endocrinologists, acute/emergency care professionals
- Allied health professionals including nurses, dieticians, nutritionists
- General Psychiatrists with an interest in learning more about eating disorders

## WHY ATTEND:

Eating disorders are the third most chronic condition in adolescence with the highest mortality rate of all psychiatric disorders. Joint care between medical and mental health professionals is key in managing the risks associated with eating disorders and in enhancing overall quality of care. Eating disorders are associated with a number of physical health complications and often hospital staff, dieticians or general practitioners are the first to see the patient.

### PARTICIPANTS WILL WALK AWAY WITH:

- An understanding of the different types of eating disorders and how they present.
- Overview of the physical and psychosocial consequences of an eating disorder, plus complications you may encounter.
- Screening & assessment in a medical setting.
- Detailed assessment of physical health risk and refeeding risk.



Dr Teizeem Dhanji MB ChB, MRCPsych, PGDip (UK) CONSULTANT CHILD & ADOLESCENT PSYCHIATRIST Joint Lead, Eating Disorder Service

Dr Teizeem Dhanji is a systemically trained Child & Adolescent Psychiatrist who has experience managing mental health difficulties in the under 18's. She has specialist experience in eating disorders and a passion for working with children, young people and their families in order to support recovery and return to good psychological, physical and social wellbeing. She's an advocate for building strong support networks and working with the systems around the child and family, hence her involvement in training and teaching.

## Date & Time:

Friday, May 27th, 2022 **9.30am – 12pm** 

Investment: AED 495 + 5% VAT

Attendees will receive a Certificate of Completion at the end of the training, with 3.1 CME/CPD credit points from DHA.

Location: Online (Zoom)

# Pre-Registration required:

www.lighthousearabia.com/events

Advance booking required. Instructions for how to join this webinar will be shared separately in advance. Limited spaces available.





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ONLINE MASTERCLASS

## **AGENDA**

## **PROGRAM SCHEDULE**

9.30am - 12pm (2.5 hours; Online)

#### 9.30am - 9.40am

Introduction

#### 9.40am - 10.30am

Overview of eating disorders, screening and support available

#### 10.30am - 10.40am

BREAK (10 minutes)

### 10.40am - 12pm

Assessment of eating disorders, Case Studies and questions